

## Emma Rice

**Currently working as...** a Staff Nurse in ED

**Joined the RUH as...** a Staff Nurse

**How long have you been at the RUH?** 20 months

**Where do you live?** In a village between Bristol and Bath

**Where are you from originally?** Plymouth

“I spent eight months working in an Emergency Department shortly after I graduated. Although it was not an ideal setting for someone so fresh out of training, it helped me realise that ED was where I eventually wanted to be. I had caught the bug.

“After spending four years working in haematology, followed by six months in ITU, I felt the itch to return to ED and secured a position at the RUH. It was fantastic to go back – this time armed with the skills and experience I would need to set me up.

“When I joined the RUH, I was looking for a challenge and was open to new experiences. Right from the start, the whole team (from HCAs to Doctors) made me feel really welcome – asking if I was OK, and offering help and support whenever I needed it. I have found working in ED great fun and have settled in brilliantly. Our team is more like a family, we work so well together.

“I love the fact that in the course of a single day I get to care for children, adults and the elderly. When people come in they are often at their most vulnerable; being able to reassure a frightened child or worried parent is an amazing thing to be able to do. Every day is different, and things can change from hour to hour – which helps to keep you on your toes.

“As well as there being clear pathways for upward progression, there’s also plenty of scope for development within your band – from daily teaching sessions and training courses in advanced skills, to going on secondment to another department or being supported to innovate an area of practice within ED.”

“Living between Bath and Bristol is the best of both worlds. It’s just a twelve minute drive to work, and, in my free time, I get to enjoy the best of what these two brilliant cities have to offer.”

*“ED at the RUH is a real example of ‘the right people, in the right place’”*

*“You need to be able to form relationships with your patients really quickly. If you can do that, this is the job for you”*

*“Every day is different, and things can change from hour to hour - which really helps keep you on your toes”*