

eFONA Tea Trolley Teaching – How to

Personnel

1. 2x anaesthetists
 - a. 1 to run session
 - b. 1 to oversee anaesthetic to release attendee

Equipment

1. 2x Trucorp Airsim Manikins
2. Multiple larynx's and skin with integral subcutaneous tissue
3. Cotton wool
4. Red food dye
5. 2x eFONA boxes (size 6.0 ETT, bougie, 10 blade scalpel)
6. 2x ambu-bags
7. 2x etCO₂
8. Procedures trolley with wheels

Set-up trolley

Top-shelf

1. Prepare 2x manikins
 - a. Normal BMI: with no additional cotton wool
 - b. High BMI: with multiple layers of red dyed cotton wool between larynx and skin
2. Handouts x2 (laminated)
3. Open x2 eFONA boxes

Bottom-shelf

1. Refreshments (tea/cake etc)
2. Replacement larynx/skin

Running the session (~15 mins per theatre)

1. Wheel trolley to each theatre
2. Aim to run session in each theatre anaesthetic room
3. Release anaesthetist/s from theatre
4. Pre teaching questionnaire (surveymonkey QR code)
5. Verbal explanation of indication, points 1-5 on handout, technique (both normal/raised BMI)
6. Hands-on attempt at each
7. Post teaching questionnaire (surveymonkey QR code)
8. Signpost to DAS eFONA youtube video