



## "Neck Only Breathers" Laryngectomy Emergency Box Tea Trolley Training Teaching Plan

## 1) Introduction

- a. Laryngectomy patients with a tracheostomy differ from others with a tracheostomy as they do not have a patent upper airway and are therefore "neck-only breathers"
- b. As a result, being able to act quickly in case of a tracheostomy emergency is vital
- c. National tracheostomy guidelines recommend that emergency equipment should be immediately available at the bedside, in a dedicated box.
- d. We will take this opportunity to familiarise ourselves with the equipment and work through an example of the emergency algorithm in action
- 2) Talk through equipment box contents
  - a. Box to be located at patients bedside
  - b. Hand out box contents to participants, encourage them to handle/open equipment to aid memory of contents
  - c. Explain function of each piece of emergency equipment
- 3) Talk through the training sheet scenario
  - a. Assign roles to training participants
    - i. First responder
    - ii. First assistant (responsible for finding and reading algorithm)
    - iii. Senior airway doctor
    - iv. Runner
    - v. Remainder to be observers

## b. Scenario

- i. A patient with a laryngectomy has collapsed on the floor and appears cyanosed, there is audible upper airway noise and you call for help
- ii. First assistant to read algorithm aloud and first responder to implement actions
- iii. Runner sent to call for senior airway doctor, fetch emergency airway trolley and slim bronchoscope
- iv. If possible use tracheostomy airway model to demonstrate each step of the algorithm, including removing inner cannula, passing suction catheter, passing bronchoscope, 'railroading' endotracheal tube

## 4) Summary

- a. Emphasise differences between "neck only breathers" and other tracheostomy patients
- b. Emphasise importance of using Laryngectomy emergency algorithm
- c. Emphasise importance of early senior airway doctor assistance
- d. Emphasise need to accompany patients at all times, including transfers
- e. Encourage discussion and suggestions of additions to emergency box this may be specific to your place of work
- 5) Tea, cakes, chocolates, feedback forms and attendance registers