



# Royal United Hospitals Bath

NHS Foundation Trust

## Communications Department

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18.03.21

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## Media Release

### Royal United Hospital head named in top 50 of health chief executives

Cara Charles-Barks, the Chief Executive of the Royal United Hospitals Bath NHS Foundation Trust, has praised her 'amazing' staff as the major reason for being named one of the country's top 50 CEOs.

The judges for the accolade from the Health Service Journal, the HSJ, assessed candidates on areas including their leadership style, the performance of their Trust and their contribution to the wider health system.

Cara said: "To be named in the top 50 CEOs is a personal honour, but I'm more proud of the amazing staff here at the RUH and within our system who are working so hard and making a difference in the care we provide for our community every day.

"Their dedication sits at the heart of what makes working here special, particularly during the peak of the coronavirus pandemic when they reached unheard of heights of sheer effort and professionalism. Now they're playing a massive part in our COVID-19 recovery plans, including helping to vaccinate thousands of colleagues and people in our community.

"I'm incredibly proud to be CEO of the RUH Trust and excited for the future. We have ambitious plans to further improve services for our patients, and for our staff to place them right at the centre of our ambition to provide the highest quality of care, delivered by an outstanding team who all live by our values."

**Ends**

#### Notes to Editor:

The Royal United Hospitals Bath NHS Foundation Trust provides acute treatment and care for a catchment population of around 500,000 people in Bath, and the surrounding towns and villages in North East

Chair:  
Alison Ryan

Chief Executive:  
Cara Charles-Barks



Somerset and Western Wiltshire. The hospital provides healthcare to the population served by four Clinical Commissioning Groups: Bath & North East Somerset CCG, Wiltshire CCG, Somerset CCG and South Gloucestershire CCG.

The Trust provides 759 beds and a comprehensive range of acute services including medicine and surgery, services for women and children, accident and emergency services, and diagnostic and clinical support services.

In 2015 The Royal United Hospitals NHS Foundation Trust acquired the Royal National Hospital for Rheumatic Diseases (RNHRD) NHS Foundation Trust. The RNHRD treats patients from across the country offering services in rheumatology, chronic pain and chronic fatigue syndrome/ME, cancer related fatigue and fatigue linked to other long term conditions such as multiple sclerosis.

The RUH is changing - we have an exciting programme of redevelopment underway transforming our site and further improving the services we provide. The Trust has opened the purpose-built RNHRD and Brownsword Therapies Centre and is now working towards the new Dyson Cancer Centre. For more details visit: [www.ruh.nhs.uk/about/fit\\_for\\_the\\_future](http://www.ruh.nhs.uk/about/fit_for_the_future)

For more information about the Royal United Hospitals Bath NHS Foundation Trust visit: [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

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