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Media Release

RUH appeals for support with diabetes research study

People with type 1 and 2 diabetes are being encouraged to take part in a study at the Royal United Hospitals Bath NHS Foundation Trust looking at how glucose monitoring sensors can help them to manage their blood glucose levels.

The small sensors are easily fitted on a patient's arm using an applicator and last for 14 days.

Rachel Mathias, Diabetes Research Nurse, said: "We are studying how effective these sensors are in helping people with type 1 and 2 diabetes manage their condition.

"We want to find out how useful patients find the sensors to monitor the impact that food, activity and medication has on their sugar levels.

"By being able to monitor their glucose levels regularly and easily, we are hopeful that they will be able to take action before they become poorly.

"The sensors also remove the need for regular finger-prick tests and can be easily attached to the arm by patients themselves.

"If you have type 1 or 2 diabetes and would like to be part of this study, please get in touch – we would love to hear from you."

Participants in the study may be asked to wear up to three sensors at any one time and will need to check their blood glucose levels four times a day.

News of the study coincides with World Diabetes Day on Tuesday 14 November, held annually to raise awareness of diabetes and how to access diabetes care.

If you can be part of the RUH study, please email ruh-tr.DiabetesAndLipidsResearch@nhs.net or call 01225 824125.

Ends

Notes to Editor:

At the RUH we're proud to put people at the heart of what we do, striving to create an environment where everyone matters. Everyone means the people we care for, the people we work with and the people in our community.

We provide a wide range of services including medicine and surgery, services for women and children, accident and emergency services, and diagnostic and clinical support services.

We also provide specialist services for rheumatology, chronic pain and chronic fatigue syndrome/ME via the Royal National Hospital for Rheumatic Diseases which we acquired in 2015.

In 2021, we acquired Sulis Hospital Bath, an independent hospital that provides care for both private and NHS patients. This has enabled us to provide more care for NHS patients, as well as continuing to provide private care to those who choose it. Any additional income earned through private care is reinvested in services for the benefit of the people we care for at both Sulis and the RUH.

We're currently building a new Cancer Centre at the RUH. The Dyson Cancer Centre, which is set to open in autumn 2023, will help transform the care we provide for patients, families and carers.

We work closely with other health and care organisations as members of the Bath and North East Somerset, Swindon and Wiltshire Integrated Care Board. We strive to improve the health and wellbeing of the people in our community by working together build one of the healthiest places to live and work.

We are rated 'Good' by the Care Quality Commission (CQC).

For more information about the Royal United Hospitals Bath NHS Foundation Trust visit: www.ruh.nhs.uk