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**Communications Department**

Royal United Hospital  
Combe Park  
Bath  
BA1 3NG

Tel: 01225 826230 / 821459  
Mobile: 07557 756658 (office hours)

[ruh-tr.communicationteam@nhs.net](mailto:ruh-tr.communicationteam@nhs.net)  
[www.ruh.nhs.uk](http://www.ruh.nhs.uk)  
[www.twitter.com/RUHBath](https://www.twitter.com/RUHBath)

## Media Release

### Christmas comes early for parents of identical triplets

A set of identical triplets who were due to be born on Christmas Day have arrived early at the Royal United Hospitals Bath NHS Foundation Trust, giving their parents three early and very special Christmas presents.

Hunter, Bodhi and Travis were all born within minutes of each other in November, and were cared for at the RUH's Dyson Centre for Neonatal Care before returning home with parents Stacey and Grant Silk in time for Christmas.

The boys were born at 33 weeks, with Hunter and Travis both weighing 4lb 6oz and Bodhi 4lb 5oz. They will be brothers to the couple's two other children Juke, 7, and Blake, 3.

Mum Stacey said: "It's magical. We're so lucky that they've all been born healthy and have made such good progress so quickly. It feels as though someone's been looking over us.

"Although the pregnancy was difficult at times, especially physically, I was very lucky not to have any of the medical complications that can come with triplets.

"We're just overjoyed, so happy!"

When the couple attended Stacey's first scan, they were told they would be having twins.

"We were left a bit speechless when we were told it would be twins, but we came to terms with it quite quickly and let all our friends and family know. Grant joked at the time 'Imagine if there's another one!'. Little did we know!"

It was at their next scan they found that it was indeed going to be triplets.

"When we were told, we just looked at each other and burst into laughter. We couldn't believe it," said Stacey.

“When we got back to the car we just sat there in silence for a few minutes, trying to make sense of it all. It was quite overwhelming at the time.

“Grant had just bought a new car and said he was glad he’d chosen the nine-seater!”

Now back home in Oakhill, near Shepton Mallet, Stacey said the couple were looking forward to a big family Christmas.

“We’re taking it one day at a time and embracing the chaos – we’re quite a chaotic family anyway, so it suits us!

“We can’t wait for Christmas with all the boys. We’ve told all our family to make sure they all cook over the Christmas holidays and we’ll spend the season visiting them all and eating all their food.”

Stacey added that she couldn’t speak highly enough of the care she had received at the RUH and on the neonatal care ward.

“We’ve been so well looked after,” she said. “Everyone has been so supportive and helpful. I call the staff here our angels on earth.”

You can follow the triplets’ progress on their own special Instagram account - @thesilktriplets

## **Ends**

### **Notes to Editor:**

At the RUH we're proud to put people at the heart of what we do, striving to create an environment where everyone matters. Everyone means the people we care for, the people we work with and the people in our community.

We provide a wide range of services including medicine and surgery, services for women and children, accident and emergency services, and diagnostic and clinical support services.

We also provide specialist services for rheumatology, chronic pain and chronic fatigue syndrome/ME via the Royal National Hospital for Rheumatic Diseases which we acquired in 2015.

In 2021, we acquired Sulis Hospital Bath, an independent hospital that provides care for both private and NHS patients. This has enabled us to provide more care for NHS patients, as well as continuing to provide private care to those who choose it. Any additional income earned through private care is reinvested in services for the benefit of the people we care for at both Sulis and the RUH.

Our new Dyson Cancer Centre brings together many of the RUH’s cancer services under one roof to provide a cancer services hub for over 500,000 people in the South West. The centre includes the RUH’s oncology, chemotherapy and radiotherapy services, a 22-bed inpatient ward, a dedicated pharmacy, research team and nuclear medicine and physics teams.

A key feature of the new centre is the Macmillan Wellbeing Hub. The three-storey hub provides a welcoming, non-clinical space designed around the needs of patients and their families. It also includes comfortable accommodation where relatives and loved ones can stay overnight.



## Royal United Hospitals Bath NHS Foundation Trust

We work closely with other health and care organisations as members of the Bath and North East Somerset, Swindon and Wiltshire Integrated Care Board. We strive to improve the health and wellbeing of the people in our community by working together build one of the healthiest places to live and work.

We are rated 'Good' by the Care Quality Commission (CQC).

For more information about the Royal United Hospitals Bath NHS Foundation Trust visit: [www.ruh.nhs.uk](http://www.ruh.nhs.uk)