Royal United Hospitals Bath
NHS Foundation Trust

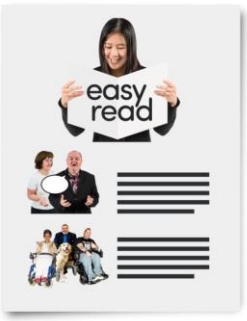


My dental daycase operation

Information about what will happen



Easy read booklet



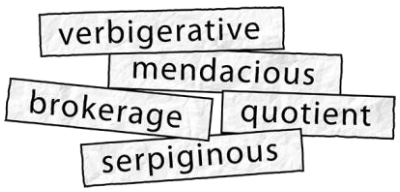
This is an Easy Read version of some information. It has words and pictures.



I might want help to read this booklet. I can ask someone to help me.

words

Some words are **black and bold**. This means they are difficult words.



Black and bold words are thicker and darker. I can find out what they mean in a box like this.

What this booklet is about



This booklet is about what will happen when I have my **dental daycase operation** at the **Royal United Hospital** in Bath.



Dental means anything to do with teeth.



A **daycase** is when a patient goes to the hospital and comes home again on the same day.



An **operation** is when a medical person, like a doctor or a dentist, does something to a patient's body to help fix a problem.

My dental daycase operation

When I am at home before my operation



I will not be able to eat food.



I will be able to drink a glass of water.



I must remember to take my health passport to the h.ospital

What happens next



I will travel to the hospital.



This is what the hospital looks like.

When I arrive at the hospital



I will go to the reception desk.



I will meet a nurse.



A band will be put on my wrist.
The band will have my name on it.



The nurse might put some cream on my hands.



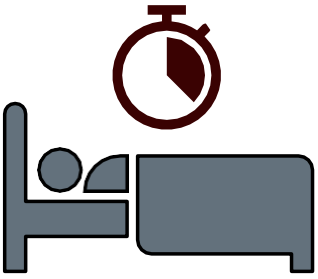
The nurse might give me some medicine to drink.



I will meet a dentist.



I will meet an **anaesthetist**.



An **anaesthetist** is a doctor who gives people a special medicine, called an anaesthetic, to make them go to sleep for a certain amount of time.



The anaesthetist will talk to me about how I will go to sleep for my operation.

Before my operation



I will lie down on the bed.



I will go to the anaesthetic room.

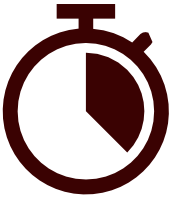
To make me go to sleep,



- I will breathe air from a mask

  or

- medicines will be put into a tiny tube in my hand.



Then, I will go to sleep for a while.



My operation will happen while I am asleep. I will be looked after while I am asleep.

After my operation



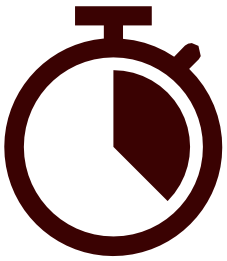
I will wake up.



When I wake up, my mouth might feel sore.



A nurse might give me medicine.



I will need to rest for a bit.



I will be able to have food and drink when I am hungry or thirsty.



The doctor will say when I can go home.

When I am at home after my operation



I will need to rest.



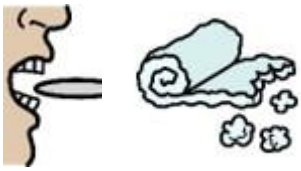
I might need to take some medicine.



I will need to brush my teeth 2 times each day.



I will need to eat soft foods and drink cool drinks.



I will need to bite on cotton wool if there is any blood in my mouth.



I must not smoke or drink alcohol.

Some of the information in this booklet comes from a leaflet called **My Daycase Operation**.