

Location

The Early Pregnancy Assessment Clinic is situated in Gynaecology Out Patients on ground floor of Princess Anne Wing, in zone D, RUH. The waiting area is at the end of the Gynaecology Out Patients corridor accessed by following the blue line from reception.



Contact Details

If you have any questions please telephone the RUH Emergency Department on

01225 824000 (day) 01225 825015 (night)

Royal United Hospitals Bath NHS Foundation Trust Combe Park, Bath BA1 3NG 01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email ruh-tr.PatientAdviceand LiaisonService@nhs.net or telephone 01225 825656.

Bleeding and Pain in Early Pregnancy Urgent Care Centre

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We understand this can be an uncertain and anxious time. Please feel free to ask us any questions and clarify any points you are unsure of.

What does vaginal bleeding and pain mean?

Vaginal bleeding and pain in early pregnancy can be normal. It can be caused by multiple things:

- Having a coil (Inter Uterine Device) fitted
- Infection or trauma (physical injury)
- Pregnancy growing outside the womb (ectopic pregnancy)
- A miscarriage.

What to expect in the emergency department

You will see a nurse first of all who will take some observations (e.g. heart rate, blood pressure), ask for a urine sample and possibly take some blood samples.

You will then be seen by a doctor who will ask about your symptoms, the date of your last period and your medical history.

They will then examine your abdomen and possibly perform an internal examination.

What investigations can I expect?

A urine test will be performed. Blood tests may also be done.

Please be aware that you may not have an ultrasound scan on the day you come to the emergency department and may be given information about the Early Pregnancy Assessment Clinic.

What treatment can I expect?

You should be offered pain relief on arrival. Depending on your blood group you may be offered an injection of anti-D immunoglobulin to protect future pregnancies.

When will I have an ultrasound?

If you come to the hospital as an emergency the most important part of the process is the story your doctor will take from you. It is unlikely you will have an ultrasound on the same day as other investigations. You may have repeated blood tests over a few days. This helps us diagnose the reason for the bleeding.

If we ask you to return to the Early Pregnancy Assessment Clinic an ultrasound may be done to check the position of the pregnancy.



What to do at home?

- Take pain killers as advised by your doctor.
- If your pain increases and you are unable to manage with simple pain killers return to the emergency department.
- If you are passing more blood than 2x large sanitary towels in one hour or the bleeding is too heavy to manage at home return to the emergency department

Useful numbers:

Early Pregnancy Assessment Clinic: 01225 825803

The NHS urgent care hotline:111.