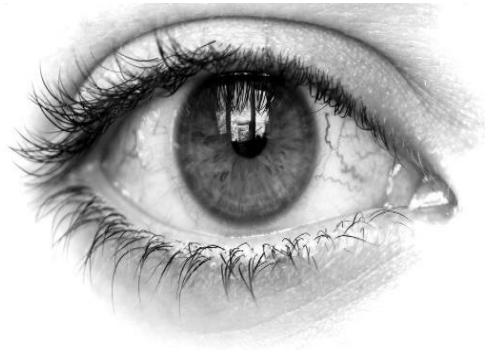


Eye Unit

DCR

Dacryocystorhinostomy



Dacryocystorhinostomy

What is dacryocystorhinostomy (DCR)?

Tears from the eye normally drain away to the nose. If the normal drainage passage gets blocked or narrow, you may suffer with a watery eye or repeated eye infections. A DCR operation forms a new passage to drain tears from your eye to your nose. The surgery is performed under a general anaesthetic, usually as a day case procedure.

Q. Should my eye still water after the operation?

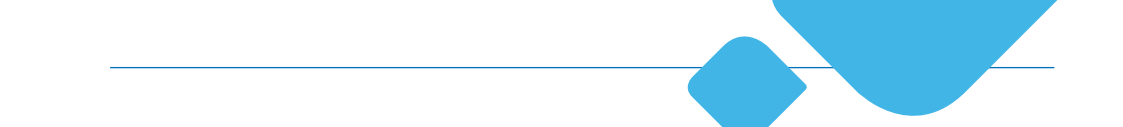
A. During the operation, a thin silicone stent is inserted to help keep the new channel open. Whilst this stent is in place, the eye may continue to water. The stent is usually removed in the outpatient department approximately 6 weeks after the surgery.

Q. What precautions should I take?

A. Avoid blowing your nose for the first week following your operation.

Q. What am I allowed to do when I go home?

A. Do not have hot drinks or a hot bath or shower for 48 hours after the surgery. You can resume normal daily activities but should refrain from eye rubbing whilst the stent is in



place and avoid heavy lifting, strenuous activity and swimming for 4 weeks

We will advise when you can return to work.

Q. What should I look out for?

A. A slight trickle of blood in the nose is not uncommon for a couple of days after the operation and is nothing to worry about. If there is heavy bleeding apply ice wrapped in a cloth to the bridge of the nose. If the bleeding is persistent or if you notice any more redness, swelling or discharge, please contact the Eye Clinic or A&E if out of working hours.

Q. Will I have to use drops afterwards?

A. Yes, you will have to instil drops or ointment and nasal spray after your operation. The post-operative medications will be listed with instructions in your discharge letter on the day of surgery.

Ophthalmology Department

1st Floor Central B28 & B29

Royal United Hospital Bath NHS Foundation Trust

Combe Park

Bath

BA1 3NG

If you have any further questions, please call:

Monday – Friday 9am -5pm

Eye Clinic (01225) 826989

If you have an emergency on evenings, bank holidays and weekends:

Ring the RUH switchboard (01225) 428331 and ask for the on call eye doctor.

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath, BA1 3NG

01225 428331 | www.ruh.nhs.uk

Please contact the Patient Support and Complaints Team (PSCT) if you require this leaflet in a different format or would like to feedback your experience of the hospital.

Email ruh-tr.psct@nhs.net or telephone 01225 825656.

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