

Extra help at mealtimes

If at any time you need extra help or support during mealtime or require assistance with choosing a suitable meal for your dietary requirements, please let us know

Food bought in from home

For dietary and food safety reasons, relatives and other visitors are discouraged from bringing hot or refrigerated food to the hospital for patients to consume. Where there are special circumstances, please ensure you discuss this with a member of nursing staff in advance. You are welcome to visit or bring food back from the Lansdown Restaurant, The Friends Cafe or The Atrium Cafe.

Hospital staff are not permitted to reheat any brought in foods.

Your feedback is important to us

If the dining service does not meet your expectations and you would like to comment on any aspect of the service or quality of the meals, please do not hesitate to speak your nurse or a member of the ward team.

It is also helpful to learn which meals you enjoyed and to hear from you when you think we are doing well. The below QR code links to a questionnaire, we would be grateful for your feedback.



The RUH, where you matter

Royal United Hospitals Bath
NHS Foundation Trust
Combe Park, Bath, BA1 3NG
01225 428331 | www.ruh.nhs.uk

If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

Date of publication: September 2024 | Ref: RUH PAE/125

© Royal United Hospitals Bath NHS Foundation

Mealtimes on the Children's Ward



Mealtimes on the Children's ward

Breakfast: 08:00 – 09:00

Lunch: 12:00 – 13:30

Supper: 17:00 – 18:00

Meeting your nutritional needs

We recognise that eating and drinking well while in hospital is a very important part of your care.

This helps to fight infection, maintain weight and promote healing and recovery.

It is also important that you have enough to drink every day. Fresh drinking water is provided, and jugs will be changed twice per day and topped up in between if needed.

If you would prefer a jug of squash instead of water, please let your nurse know.

We are here to help you, information is at hand about the ingredients and nutritional content of all meals, snacks, and desserts.

You can choose what you would like from the menu iPad and staff will take your meal orders in the morning for lunch/dinner.

Allergy Information

It is very important you let the ward staff know about your child's allergies and double-check with the server that food being provided is free from allergen before eating.

Allergen information can be found on the menu iPad and will indicate whether food contains the following: Milk, Barley, Wheat, Rye, Oats (Containing Gluten) Nuts, Peanuts, Sesame, Mustard, Celery, Lupin, Sulphites, Molluscs, Fish, Crustaceans, Eggs, and Soy.

Menu Choices

Please let us know if you have any special dietary requirements, the following menus are available to order from.

- Standard
- Caribbean
- Dairy Free
- Gluten Free
- Halal
- Kosher
- Low Residue

You can use the following QR code to view the menu options available.



Missing a meal

If you or your child have been admitted to the ward after lunch or supper orders have been taken, please ask your ward nurse for the menu options available.