

Urodynamic Studies

Test D11

IMPORTANT INFORMATION

Your Doctor has requested for you to attend Urodynamic Studies test to determine which treatment/operation would be suitable for you.

This test will be done in the Princess Anne wing, first floor urology D11 It is important to attend this test as it will give a diagnosis, and is necessary to determine whether an operation is needed.

A bladder diary is enclosed for you to please fill in and bring with you to your appointment. **THE TEST WILL NOT BE DONE WITHOUT THIS** as it gives us a huge amount of information.

Please record 3 days of ALL fluids you drink and ALL urine passed out.

The test is expensive; if you do not want to attend your appointment please let us know as soon as possible after you have received the letter.

The test cannot be performed on anyone with a proven Urinary tract infection (unless you have taken at least 5 days of antibiotics) or if you are pregnant.

MEDICATION TO STOP

If you are taking any of the medications listed below **YOU MUST STOP THEM FOR 1 WEEK PRIOR TO THE TEST.**

**TAMSULOSIN, OXYBUTYNYNIN, MIRABEGRON (BETMIGA),
TOLTERODINE ALFUZOSIN, SOLIFENASIN (VESICARE),
DOXAZOSIN, PROZOSIN, DETRUISITOL, TROSPIUM, KENTERA
PATCH, FESOTERAODINE, DARIFENACIN, DULOXETINE.**

If you are at all unsure if you should stop any of your medications please do not hesitate to contact us.

If you are taking water tablets/diuretics PLEASE DO NOT STOP TAKING THEM

If possible please try to arrive with a comfortably full bladder or arrive a bit earlier, we have a water fountain and/or some squash to drink.

NO special preparations are needed for this test please eat and drink as normal.



The test

PLEASE ALLOW AN HOUR FOR THE TEST.

The test is done by an all-female staff, a specialist nurse and health care assistant who will be able to put you at ease in a relaxed atmosphere. The test will be explained to you and you will be asked questions about the symptoms you are experiencing, at this point we will verbally ask for your consent to continue with the test. You can at any point request for the test to be stopped.

The first thing we ask you to do is pass urine into our flow meter, this measures the strength and volume of your flow and acts as a bench mark for the test.

You will be asked to remove all your clothes from the waist down and be given your choice of gown or towel to cover yourself with and then you will be asked to lie on the couch.

A very fine tube will be inserted into your back passage and another two fine tubes will simultaneously be inserted into your bladder (1 for filling the bladder with water and 1 for measuring pressure) this should not be painful but can be uncomfortable for some people. We normally carry out the procedure using a small amount of local anaesthetic gel passed into the urethra (water pipe) prior to inserting the small tubes.

The Doctor may request to have an extra test done called urethral pressure profiles this involves one very fine tube to be inserted into the bladder which is removed very slowly to measure the sphincter pressure (muscle that keeps you dry), this will be done before the main test.

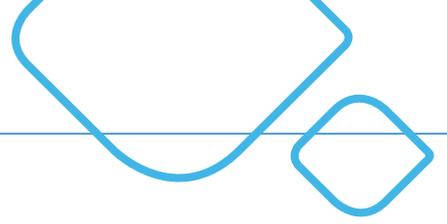
You will be seated on a commode during the filling stage, you will be asked to tell us how you are feeling and what sensations of filling you are having. Once full the filling tube will be removed and we may do some provocation tests to see if you leak urine for example squatting, coughing and jumping, following this you will be able to pass urine into our machine. The test is now complete and we will then remove the other 2 tubes and give you some wipes to freshen up before getting dressed. Once the test is complete the nurse will discuss the results with you and answer any questions you might have and a report will be sent to the consultant.

After the test

You may experience some stinging when passing urine and you may see a little blood. This is normal so we ask you to drink plenty after the test to flush everything through.

What are the risks?

About 3 in 100 people may develop a urinary tract infection after the test, the symptoms are burning and stinging while passing urine as well as urine being cloudy or smelly. You will need to take a sample to your GP for testing.



Contact details

If you would like more information or need to contact us please use the following details:

Outpatient department: Urology D11 Princess Anne Wing

Urology reception 01225 825590

Booking co-ordinator 01225 825528

Urology nurse specialists 01225 824034

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath, BA1 3NG

01225 428331 | www.ruh.nhs.uk

If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

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