

Patient's Name.....Bay Number.....

Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

<b>STARTER</b>		VG	GF	HH	HC
<input type="checkbox"/>	<b>Butterbean &amp; Leek Soup</b> (contains: Celery)	✓	⊗	♥	
<input type="checkbox"/>	<b>Orange Juice</b>	✓	⊗	♥	
<input type="checkbox"/>	<b>Apple Juice</b>				
<b>MAIN COURSE</b>					
<input type="checkbox"/>	<b>White Ham &amp; Salad Sandwich</b> (contains: Wheat, Soya)			♥	↑
<input type="checkbox"/>	<b>Wholemeal Ham &amp; Salad Sandwich</b> (contains: Wheat, Soya, Barley)			♥	↑
<input type="checkbox"/>	<b>White Egg &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Egg)	✓			↑
<input type="checkbox"/>	<b>Wholemeal Egg &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Barley, Egg)	✓			↑
<input type="checkbox"/>	<b>White Tuna Mayonnaise Sandwich</b> (contains: Wheat, Soya, Fish, Egg)			♥	↑
<input type="checkbox"/>	<b>Wholemeal Tuna Mayonnaise Sandwich</b> (contains: Wheat, Soya, Barley, Fish, Egg)			♥	↑
<input type="checkbox"/>	<b>White Cheese &amp; Pickle Sandwich</b> (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	<b>Wholemeal Cheese &amp; Pickle Sandwich</b> (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	<b>White Cheese &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	<b>Wholemeal Cheese &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	<b>Jacket Potato &amp; Baked Beans</b>	✓	⊗		↑
<input type="checkbox"/>	<b>Jacket Potato &amp; Grated Cheese</b> (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	<b>Jacket Potato &amp; Tuna</b> (contains: Fish)			♥	↑
<input type="checkbox"/>	<b>Macaroni Cheese</b> (contains: Wheat, Milk)	✓			↑
<input type="checkbox"/>	<b>Mexican Meatballs</b> (contains: Wheat, Sulphites, Egg)		⊗	♥	
<input type="checkbox"/>	<b>Quorn &amp; Vegetable Hotpot</b> (contains: Celery, Egg, Gluten Free Barley Malt Extract)	✓		♥	
<b>VEGETABLES &amp; POTATOES</b>					
<input type="checkbox"/>	<b>Creamed Potatoes</b> (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	<b>Steamed White Rice</b>	✓	⊗	♥	
<input type="checkbox"/>	<b>Sweetcorn</b>	✓	⊗	♥	
<input type="checkbox"/>	<b>Broccoli Florets</b>	✓	⊗	♥	
<b>DESSERTS</b>					
<input type="checkbox"/>	<b>Chocolate &amp; Vanilla Swirled Mousse</b> (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	<b>Full Fat Fruit Yoghurt</b> (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	<b>Lemon Drizzle Cake Slice</b> (contains: Wheat, Sulphites, Egg) (may contain: Nuts, Milk)	✓			↑
<input type="checkbox"/>	<b>Vanilla Ice Cream</b> (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	<b>Banana</b>	✓	⊗	♥	

