

Patient's Name.....Bay Number.....

Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

<b>STARTER</b>		VG	GF	HH	HC
<input type="checkbox"/>	<b>Broccoli &amp; Stilton Soup</b> (contains: Milk, Celery)	✓	⊗	♥	
<input type="checkbox"/>	<b>Orange Juice</b> <input type="checkbox"/> <b>Apple Juice</b>	✓	⊗	♥	
<b>MAIN COURSE</b>					
<input type="checkbox"/>	<b>White Ham &amp; Salad Sandwich</b> (contains: Wheat, Soya)			♥	↑
<input type="checkbox"/>	<b>Wholemeal Ham &amp; Salad Sandwich</b> (contains: Wheat, Soya, Barley)			♥	↑
<input type="checkbox"/>	<b>White Egg &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Egg)	✓			↑
<input type="checkbox"/>	<b>Wholemeal Egg &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Barley, Egg)	✓			↑
<input type="checkbox"/>	<b>White Tuna Mayonnaise Sandwich</b> (contains: Wheat, Soya, Fish, Egg)			♥	↑
<input type="checkbox"/>	<b>Wholemeal Tuna Mayonnaise Sandwich</b> (contains: Wheat, Soya, Barley, Fish, Egg)			♥	↑
<input type="checkbox"/>	<b>White Cheese &amp; Pickle Sandwich</b> (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	<b>Wholemeal Cheese &amp; Pickle Sandwich</b> (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	<b>White Cheese &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	<b>Wholemeal Cheese &amp; Tomato Sandwich</b> (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	<b>Jacket Potato &amp; Baked Beans</b>	✓	⊗		↑
<input type="checkbox"/>	<b>Jacket Potato &amp; Grated Cheese</b> (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	<b>Jacket Potato &amp; Tuna</b> (contains: Fish)			♥	↑
<input type="checkbox"/>	<b>Macaroni Cheese</b> (contains: Wheat, Milk)	✓			↑
<input type="checkbox"/>	<b>Pork &amp; Butterbean Casserole</b> (contains: Milk)		⊗		↑
<input type="checkbox"/>	<b>Mushroom &amp; Spinach Risotto</b> (contains: Celery, Sulphites, Milk)	✓	⊗	♥	
<b>VEGETABLES &amp; POTATOES</b>					
<input type="checkbox"/>	<b>Creamed Potatoes</b> (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	<b>Broccoli Florets</b>	✓	⊗	♥	
<input type="checkbox"/>	<b>Potato Croquettes</b> (contains: Wheat)	✓		♥	
<input type="checkbox"/>	<b>Seasonal Side Salad</b> (may contain: Mustard)	✓	⊗	♥	
<b>DESSERTS</b>					
<input type="checkbox"/>	<b>Raspberry Ripple Mousse</b> (contains: Milk)	✓	⊗	♥	↑
<input type="checkbox"/>	<b>Full Fat Fruit Yoghurt</b> (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	<b>Bakewell Cake Slice</b> (contains: Wheat, Soya) (may contain: Milk, Sesame, Eggs)	✓			↑
<input type="checkbox"/>	<b>Vanilla Ice Cream</b> (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	<b>Apple</b>	✓	⊗	♥	