

Patient's Name.....Bay Number.....

Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

STARTER		VG	GF	HH	HC
<input type="checkbox"/>	Lentil & Vegetable Soup (contains: Milk, Celery)	✓	⊗	♥	
<input type="checkbox"/>	Orange Juice	✓	⊗	♥	
<input type="checkbox"/>	Apple Juice				
MAIN COURSE					
<input type="checkbox"/>	White Ham & Salad Sandwich (contains: Wheat, Soya)			♥	↑
<input type="checkbox"/>	Wholemeal Ham & Salad Sandwich (contains: Wheat, Soya, Barley)			♥	↑
<input type="checkbox"/>	White Egg & Tomato Sandwich (contains: Wheat, Soya, Egg)	✓			↑
<input type="checkbox"/>	Wholemeal Egg & Tomato Sandwich (contains: Wheat, Soya, Barley, Egg)	✓			↑
<input type="checkbox"/>	White Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Fish, Egg)			♥	↑
<input type="checkbox"/>	Wholemeal Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Barley, Fish, Egg)			♥	↑
<input type="checkbox"/>	White Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	Wholemeal Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	White Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	Wholemeal Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	Jacket Potato & Baked Beans	✓	⊗		↑
<input type="checkbox"/>	Jacket Potato & Grated Cheese (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	Jacket Potato & Tuna (contains: Fish)			♥	↑
<input type="checkbox"/>	Macaroni Cheese (contains: Wheat, Milk)	✓			↑
<input type="checkbox"/>	Beef & Vegetable Pasty (contains: Wheat, Milk, Barley, Oats (containing Gluten))				↑
<input type="checkbox"/>	Vegetarian Lasagne (contains: Milk, Celery)	✓	⊗	♥	
VEGETABLES & POTATOES					
<input type="checkbox"/>	Creamed Potatoes (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	Carrot & Swede Mix	✓	⊗	♥	
<input type="checkbox"/>	Seasoned Wedges (contains: Wheat)	✓		♥	
<input type="checkbox"/>	Seasonal Side Salad (may contain: Mustard)	✓	⊗	♥	
DESSERTS					
<input type="checkbox"/>	Chocolate & Vanilla Swirled Mousse (contains: Milk)	✓	⊗	♥	↑
<input type="checkbox"/>	Full Fat Fruit Yoghurt (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	Cherry Flapjack (contains: Wheat, Oats (containing Gluten)) (may contain: Milk, Nuts, Eggs, Soya)	✓			↑
<input type="checkbox"/>	Vanilla Ice Cream (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	Banana	✓	⊗	♥	