

Patient's Name.....Bay Number.....

Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK  WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

STARTER		VG	GF	HH	HC
<input type="checkbox"/>	Spiced Carrot Soup (contains: Milk, Celery)	✓	⊗	♥	
<input type="checkbox"/>	Orange Juice	✓	⊗	♥	
<input type="checkbox"/>	Apple Juice				
MAIN COURSE					
<input type="checkbox"/>	White Ham & Salad Sandwich (contains: Wheat, Soya)			♥	↑
<input type="checkbox"/>	Wholemeal Ham & Salad Sandwich (contains: Wheat, Soya, Barley)			♥	↑
<input type="checkbox"/>	White Egg & Tomato Sandwich (contains: Wheat, Soya, Egg)	✓			↑
<input type="checkbox"/>	Wholemeal Egg & Tomato Sandwich (contains: Wheat, Soya, Barley, Egg)	✓			↑
<input type="checkbox"/>	White Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Fish, Egg)			♥	↑
<input type="checkbox"/>	Wholemeal Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Barley, Fish, Egg)			♥	↑
<input type="checkbox"/>	White Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	Wholemeal Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
<input type="checkbox"/>	White Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	Wholemeal Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
<input type="checkbox"/>	Jacket Potato & Baked Beans	✓	⊗		↑
<input type="checkbox"/>	Jacket Potato & Grated Cheese (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	Jacket Potato & Tuna (contains: Fish)			♥	↑
<input type="checkbox"/>	Macaroni Cheese (contains: Wheat, Milk)	✓			↑
<input type="checkbox"/>	Farm Assured Sausages in Onion Gravy (contains: Wheat, Sulphites)				↑
<input type="checkbox"/>	Free Range Plain Omelette (contains: Milk, Eggs)	✓	⊗	♥	
VEGETABLES & POTATOES					
<input type="checkbox"/>	Creamed Potatoes (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	Garden Peas	✓	⊗	♥	
<input type="checkbox"/>	Baked Beans	✓	⊗	♥	
<input type="checkbox"/>	Boiled New Potatoes	✓	⊗	♥	
DESSERTS					
<input type="checkbox"/>	Raspberry Ripple Mousse (contains: Milk)	✓	⊗	♥	↑
<input type="checkbox"/>	Full Fat Fruit Yoghurt (contains: Milk)	✓	⊗	♥	
<input type="checkbox"/>	Sugar Ring Doughnut (contains: Wheat, Soya) (may contain: Milk, Sesame, Eggs)	✓			↑
<input type="checkbox"/>	Vanilla Ice Cream (contains: Milk)	✓	⊗		↑
<input type="checkbox"/>	Banana	✓	⊗	♥	

