

# GENERAL PATIENTS—WEEK 1 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STARTER						
MUSHROOM SOUP	ASPARAGUS SOUP	CARROT & CORIANDER SOUP	LEEK SOUP	CHICKEN SOUP	MINESTRONE SOUP	THICK VEGETABLE SOUP
MAIN COURSE OPTIONS						
COTTAGE PIE	CHICKEN A LA KING	FISHERMAN'S PIE (WITH A PUFF PASTRY TOP)	ROAST TURKEY	BATTERED COD	MINCED BEEF & POTATO CURRY	ROAST PORK
CAULIFLOWER CHEESE	FREE RANGE PLAIN OMELETTE	QUORN & MUSHROOM CHILLI	CHEESE & POTATO PIE	VEGETABLE & BEAN COTTAGE PIE	MACARONI CHEESE	CAULIFLOWER & BROCCOLI PASTA BAKE
SALADS & SANDWICHES						
HAM SALAD	HAM SALAD	HAM SALAD	HAM SALAD	HAM SALAD	HAM SALAD	HAM SALAD
PEPPERED MACKEREL SALAD	EGG SALAD	TUNA MAYO SALAD	BEEF SALAD	EGG SALAD	TUNA MAYO SALAD	BEEF SALAD
GRATED CHEESE SALAD	GRATED CHEESE SALAD	GRATED CHEESE SALAD	GRATED CHEESE SALAD	GRATED CHEESE SALAD	GRATED CHEESE SALAD	GRATED CHEESE SALAD
WHOLEMEAL / WHITE CHICKEN MAYO SANDWICH	WHOLEMEAL / WHITE TUNA MAYO SANDWICH	WHOLEMEAL / WHITE HAM SANDWICH	WHOLEMEAL / WHITE CHICKEN MAYO SANDWICH	WHOLEMEAL / WHITE TUNA MAYO SANDWICH	WHOLEMEAL / WHITE HAM SANDWICH	WHOLEMEAL / WHITE TUNA MAYO SANDWICH
WHOLEMEAL / WHITE EGG MAYO SANDWICH	WHOLEMEAL / WHITE CHEESE SANDWICH	WHOLEMEAL / WHITE EGG MAYO SANDWICH	WHOLEMEAL / WHITE CHEESE SANDWICH	WHOLEMEAL / WHITE CHEESE & PICKLE SANDWICH	WHOLEMEAL / WHITE EGG MAYO SANDWICH	WHOLEMEAL / WHITE CHEESE SANDWICH
COLD ITEMS						
MEAT FINGER FOOD PLATTER	MEAT FINGER FOOD PLATTER	MEAT FINGER FOOD PLATTER	MEAT FINGER FOOD PLATTER	MEAT FINGER FOOD PLATTER	MEAT FINGER FOOD PLATTER	MEAT FINGER FOOD PLATTER
VEGETARIAN FINGER FOOD PLATTER	VEGETARIAN FINGER FOOD PLATTER	VEGETARIAN FINGER FOOD PLATTER	VEGETARIAN FINGER FOOD PLATTER	VEGETARIAN FINGER FOOD PLATTER	VEGETARIAN FINGER FOOD PLATTER	VEGETARIAN FINGER FOOD PLATTER
SIDES						
GARDEN PEAS	BAKED BEANS	DICED SWEDE	BROCCOLI FLORETS	BAKED BEANS	WHITE RICE	BRUSSELS SPROUTS
SLICED CARROTS	GARDEN PEAS	CUT GREEN BEANS	GARDEN PEAS	GARDEN PEAS	JACKET POTATO	SLICED CARROTS
SEASONED WEDGES	BOILED NEW POTATOES	JACKET POTATO	ROAST POTATOES	SKIN ON CHIPS	GARLIC BREAD SLICE	ROAST POTATOES
CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES
GRAVY	WHITE RICE	WHITE RICE	GRAVY	GRAVY		GRAVY
DESSERTS						
PINEAPPLE SPONGE	APPLE CRUMBLE	BREAD & BUTTER PUDDING	SUMMER FRUIT CRUMBLE	STICKY TOFFEE PUDDING	SOMERSET APPLE CAKE	RICE PUDDING
FRUIT COCKTAIL IN NATURAL JUICE	MANDARINS IN NATURAL JUICE	APRICOTS IN NATURAL JUICE	PEACHES IN NATURAL JUICE	MANDARINS IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	PINEAPPLE PIECES IN NATURAL JUICE
CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS
DESSERT ACCOMPANIMENTS						
VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM
CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	